



December 2009 Newsletter

www.100hour.org

FIT Fundraiser Raises \$3,000



FIT's first fundraiser dinner/auction was held at the Sahib Shriners Hall in Sarasota on October 3. This event arose out of the need for funding for the work in the Manatee and Sarasota County Jails.



All FIT workers and board members are volunteers but costs are high to supply all the printed workbooks needed for the interactive sessions. Though a few facilitators had come forward and purchased the books for their own students, many needed sessions in the two local jails went unfilled because books could not be provided for the classes. Those in incarceration do not have money to buy the books. The books are such a strong part of the curriculum that few leaders have been able to conduct the program without books in the hands of the students. The program has been the most effective when class members can have their own books, write in them, and use their answers to contribute in the next session. The fundraiser raised \$3,000 for materials in the Sarasota Region and \$300 for the Lakeland Region.



Donations Can Now Made Online by Credit Card (www.100hour.org)
\$150 supplies books for one course for 15 students, \$100 for 10, \$10 - 1
\$900 equips 15 students for all six courses, \$150 for one.

FIT Offers Leadership Training Classes Every Month

Interest remains steady for the all-day leadership training classes. There is at least one scheduled for each month of the year. New locations have included the Miami, Orlando, and Panama City areas, as well as Rhode Island. Training is also conducted in Bradenton, Lakeland, and Brooksville three times each every year. Benefits of completing the training are becoming recognized as a FIT Volunteer, become eligible to (1) “learn on the job” by co-facilitating with a trained facilitator, (2) benefit from FIT’s recordkeeping and tracking system, (3) receive free graduation certificates for students of approved sessions, and (4) receive assistance for materials as funds permit. **To view the dates and locations of upcoming training sessions, go to the www.100hour.org website and click on the “Leader Training” option. From there, you can register online and also pay online (\$25). Preregistration is requested.**

13 Graduate from Santa Rosa Beach Training on December 5

Just one month after training a large group in Chipley (between Tallahassee and Pensacola), demand was high enough to justify a follow-up session in Santa Rosa Beach. As was the case in Chipley, this group was diverse and included jail and prison chaplains.



5 Leaders Graduate on October 9 at Bradenton

FIT leaders Deborah Beaulieu, Don Batterman, and Preston Brown (back row) assisted FIT President Don Pratt in training this fine group of volunteers (front row).

Tips for Facilitators

- Ask many questions and wait for answers
- Do not answer your own questions
- Do more listening than talking
- Focus on the needs of your clients, not on yourself
- Pray for the members of your class and love them

